

Food insecurity and in need of food

Food insecurity, also called household food insecurity,

is not having enough money to buy food. Individuals and families living on low incomes struggle to pay the rent and bills AND food. Food is sacrificed to pay for other costs of living.

When a family or someone struggles to put food on the table, it is a sign of over-all deprivation due to inadequate or unstable incomes.

Food insecurity has severe negative impacts on physical and mental health as well as social well-being and costs our healthcare system considerably.



NO MONEY FOR FOOD IS...

the current inflation costs are on the rise and it will continue to increase

public income is not increasing and Neighbors, friends, families, disabled and seniors are struggling

760 12 street
Fort MacLeod



extending hours in September

food insecurity and in need of food

this is more common than you may know in your community

extending hours in September

extending hours in September

food insecurity and in need of food

Tue - Wed 1pm -3pm

2022 SEPTEMBER



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				¹ WEARHOUSE MARKET- 12--2	² CLOSED LONG WEEKEND
⁴ CLOSED LONG WEEKEND	⁵	⁶ food insecurity and in need of food <u>1:00- 2:00</u>	⁷	⁸	⁹
¹¹	¹²	¹³ food insecurity and in need of food <u>1:00- 2:00</u>	¹⁴	¹⁵	¹⁶
¹⁸	¹⁹	²⁰ food insecurity and in need of food <u>1:00- 2:00</u>	²¹	²²	²³
²⁵	²⁶	²⁷ food insecurity and in need of food <u>1:00- 2:00</u>	²⁸	²⁹	³⁰
					¹⁷ 10:00-12:00- WEARHOUSE MARKET-



2022 OCTOBER

JAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					WEARHOUSE MARKET- 10:00-12:00-
2	3	4 food insecurity and in need of food 1:00- 2:00	5	6	7
8		9 food insecurity and in need of food 1:00- 2:00	10	11	12
13	14	15 food insecurity and in need of food 1:00- 2:00	16	17	18
19	20	21 food insecurity and in need of food 1:00- 2:00	22	23	24
25	26	27 food insecurity and in need of food 1:00- 2:00	28	29	WEARHOUSE MARKET- 10:00-12:00-
30	WEARHOUSE WE WILL HAVE NEW HOURS				