#### Food insecurity and in need of food



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#### Food insecurity, also called household food insecurity,

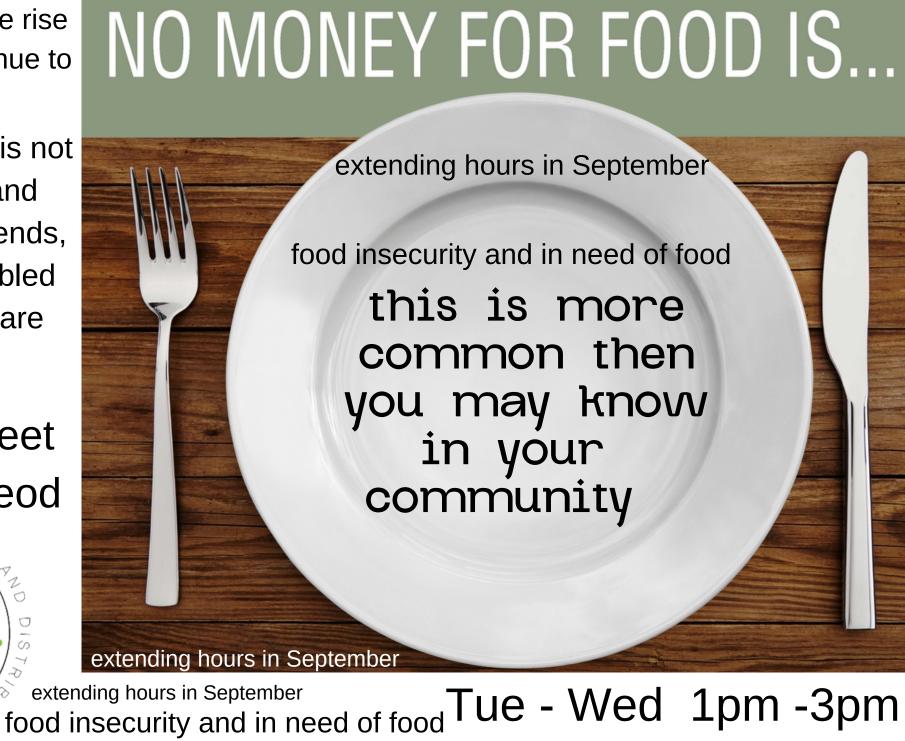
is not having enough money to buy food. Individuals and families living on low incomes struggle to pay the rent and bills AND food. Food is sacrificed to pay for other costs of living.

When a family or someone struggles to put food on the table, it is a sign of over-all deprivation due to inadequate or unstable incomes.

Food insecurity has severe negative impacts on physical and mental health as well as social wellbeing and costs our healthcare system considerably. the current inflation costs are on the rise and it will continue to increase

public income is not increasing and Neighbors, friends, families, disabled and seniors are struggling

760 12 street Fort MacLeod



## 2022 SEPTEMBER

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDA	
				1 WEARHOUSE MARKET- 122	CLOSED LO	NG WEEKEND
<sup>4</sup> CLOSED LONG WEEKEND	5	food insecu	rity and in n :00- 2:0		9	10
11	12	food insecu	14 rity and in r <b>1:00- 2:</b> 0		16	17 10:00-12:00- WEARHOUSE MARKET-
18	19	food insecui	ity and in notice 1:00- 2:0		23	24
25	26	food insec	urity and in ne		30	© BlankCalendarPages.com



### 2022 OCTOBER

	DAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY				
N						WEARHOUSE MARKET-				
						10:00-12:00-				
2	3	food insecu	rity and in ne	ed of food	7	8				
		1	1:00- 2:0	0						
9	10	food insect	urity and in n	need of food	14	<sup>1</sup> ₩EARHOUSE MARKET-				
		1	1:00- 2:0	0		10:00-12:00-				
16	17	food insect	19 urity and in n	eed of food	21	22				
		1	1:00- 2:0	0						
23	24	food insect	urity and in n	eed of food	28	<sup>29</sup> WEARHOUSE MARKET-				
IF V	VE HAVE A		1:00- 2:0	0		10:00-12:00-				
30 WEARH	OUSE WE W	<b>/</b> ILL								
HAVE	NEW HOUR	S								